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| Rhodes State College and (Hospital)  Patient Care Training Skills | | | |
| Category | Skill | **Knowledge/**  **Theory Test**  **(Rhodes State College)** | **Skill Competency Check**  **(Hospital)** |
| ADL- bedpan | Bedpan and output with hand washing |  |  |
| ADL-bathing and dressing | Partial bed bath and dressing a bedridden patient |  |  |
| ADL-briefs | Changing an adult brief, provide perineal care male |  |  |
| ADL-catheter | Routine catheter care for a female |  |  |
| ADL-feeding | Feeding a dependent patient |  |  |
| ADL-hair care | Providing hair care |  |  |
| ADL-nail care | Providing nail care |  |  |
| ADL-oral | Administering oral hygiene |  |  |
| ADL-oral | Denture care |  |  |
| ADL-perineal Care | Perineal care for a female with hand washing |  |  |
| ADL-shaving | Shaving the patient with electric razor |  |  |
| ADL-urinary bag | Measuring intake and output, emptying urinary bag |  |  |
| Ambulation - walker | Ambulation with walker using a gait belt |  |  |
| Ambulation-no assistive device | Ambulation w/ gait belt & assisting with falls during ambulation |  |  |
| Assessment: weight | Weighing an ambulatory patient |  |  |
| Bed | Making an occupied bed |  |  |
| CPR: assisting in choking | Abdominal thrust on conscious patient |  |  |
| Medical: bandaging | Applying bandages (circular, spiral, reverse-spiral, Figure 8 and recurrent bandage) |  |  |
| Medical: glucose check | Capillary puncture and performing a glucose check using glucometer |  |  |
| Medical: urine test | Collecting a clean catch midstream urine specimen |  |  |
| Positioning | Positioning patient in bed on side |  |  |
| Positioning | Moving patient to head of bed |  |  |
| ROM | Performing range of motion exercises- hip, knee and shoulder |  |  |
| Standard Precautions: hand hygiene | Performing hand hygiene with soap and water |  |  |
| Standard Precautions: PPE | Applying PPE and removing: gown, gloves, mask |  |  |
| Transfer | Transfer from bed to wheelchair and back to bed using gait belt |  |  |
| Vitals: blood pressure | Obtaining an accurate blood pressure |  |  |
| Vitals: Pulse | Obtain a radial pulse-adult |  |  |
| Vitals: Pulse Ox | Oxygen saturation rate (pulse ox) |  |  |
| Vitals: Respiratory Rate | Assessing the respiratory rate |  |  |
| Vitals: Temperature | Oral temperature using a digital thermometer |  |  |
| Vitals: Temperature | Obtain a temperature using a tympanic thermometer |  |  |
| Vitals: Temperature | Obtain a temporal artery temperature |  |  |
| Vitals: Temperature | Obtain an axillary temperature |  |  |
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