







With the cold and flu season in full swing, it's time to become more aware of keeping ourselves healthy. The recent outbreak of H1N1 has had many people concerned.

This holiday weekend Your News Now is presenting an hour long special: H1N1-The Facts - It has information you need to know about H1N1 and what you can do to keep you and your family healthy.

Air Dates:

<u>Date</u>	<u>Time</u>	<u>Lima Network</u>
Thursday, 11/26	6-7:00 AM	 NBC
Friday, 11/27	6-7:00 AM	 FOX
Saturday, 11/28	12-1:00 PM	 CBS
	2-3:00 PM	 ABC
Sunday, 11/29	5-6:00 PM	 CBS
	3-4:00 PM	 ABC